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(specialisation in "Sociology" - 2013). Her MA thesis was titled "Modern Immigration Flows-Social and Educational Policies for Returnees in Greece".

She is proficient in English and French. She is a high school teacher who has worked at several schools, both private and public, in Cyprus and Greece from 1998 to the present and is a certified adult educator with rich experience in this field.

She has received further training in Greece and abroad on educational policy, European affairs, the role of the UN, e-learning, global education, and she has followed a seminar on the Handbook of Education on human rights for young people (Compass - Council of Europe) and the EU programme "Teachers for Europe – Setting an Agora for Democratic Culture". She has participated in international, European and national programs and delegations, as an individual and/or coordinator of groups of high school students in events like Intercultural Society, International Olympiad for Philosophy, European Parliament Ambassadors School Programme, Ambassadors for 17 United Nations Sustainable Development Goals, UNESCO Associated Schools Network (ASPnet), "Students in the role of Diplomat for Human Rights", World Cultural Heritage Youth Symposium, Rights of the Child. She also participates in conferences, forum, debates about Inclusive Europe, UNESCO Policies, Digital Education, in networks as Anna Lindh Foundation and European School Academy, and in summer schools or accredited online courses on Human Rights, EU Heritage, Hate Speech, Migration and Refugees as well as Sustainable Development and European Policies on Youth, Education, Culture and Entrepreneurship. Furthermore, she assists the editing of books at the University of Macedonia and coordinates the editing of books and a variety of educational and cultural projects by high school and university students.

She is member of the Hellenic Cultural and Educational Club for UNESCO and in the leadership team for the first World Olympic Summer School at the cultural sector, which will take place in Ancient Olympia under the auspices of the International Olympic Academy for the promotion of Olympic values.

Her research interests focus on UN Youth Strategies and EU Youth Policies, EU and UNESCO Policies for non-formal education, Education for Human Rights, Inclusive Education, Intercultural Dialogue and Intercultural Cities, Media and Information Literacy.